Lesson Plan:

Introduction to “Doughnut Economics”

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| Subject | Teacher | Year | Date |
| Economics | [Name] | 2024 | [Date] |

OBJECTIVE

This lesson plans to link social and environmental issues to principles of economics that we learn as a part of our economics course. The goal is to learn about changing perspectives and priorities towards economic objectives through exploring the safe and just space for humanity as illustrated by the “doughnut” that emphasizes on resolving the social shortfall and the ecological overshoot of nations.

| Phases | instructions | notes |
| --- | --- | --- |
| Starter question  (5 – 10 MINUTES) | Name a country or region and discuss some of the key social and ecological issues faced by your selected country or region. | [instructions on where to attempt the starter question; digitally or on paper] |
| introduction to the “doughnut”  (13 MINUTES) | Introduce “Doughnut Economics” and debate over the seven ways to think like a 21st century economist. | Utilize the following link for resources:  [About Doughnut Economics | DEAL](https://doughnuteconomics.org/about-doughnut-economics) |
| ted talk  (17 MINUTES) | View the TED Talk by Kate Raworth titled “Why it’s time for ‘Doughnut Economics’”. | Link is as follows:  [Why it's time for 'Doughnut Economics' | Kate Raworth | TEDxAthens (youtube.com)](https://www.youtube.com/watch?v=1BHOflzxPjI) |
| research activity  (20 minutes) | Review quantitative data on country-wise “doughnuts” and compare two countries to show contrasting priorities on social and ecological issues. | Data can be obtained via the following link:  [Doughnut Economy by Country (doughnut-economy-fxs7576.netlify.app)](https://doughnut-economy-fxs7576.netlify.app/) |
| plenary  (5 – 10 MINUTES) | Explore the open letter by academics around the world emphasizing on the need for a course in “regenerative economics”. | Story link:  [Open Letter for a Course in Regenerative Economics | DEAL (doughnuteconomics.org)](https://doughnuteconomics.org/stories/open-letter-for-a-course-in-regenerative-economics) |